

The 41st Skrunce (175th Race) – 3rd September 2019

SHR Permit – 4miles 740 feet climb

With thanks to Forest Enterprise for access, to Alan Cormack, Lyndsay McEwan and Abi Lyall for marking the course and Claire Hunter and Louise Provan for help at the finish. Good conditions for running apart from being rather murky!

	Name	Cat.	Time	%	Pts	Total
1	Clyde Williamson	M	24-28	95.9	1	1
2	Kevin Stephen	M40	27-41			
3	Laim Barron	M	28-26	96.7	1	11
4	Jason Williamson	M40	28-51	98.3	3	11
5	Thomas Blair	M	29-27	99.1	4	15
6	Christopher Mills	M*	29-32	95.4	1	1
7	Ally Sutherland	M40	29-58	102.5	7	35
8	Richarad Hills	M	30-03			
9	Scott Lefevre	M	30-24	98.1	3	3
10	Anton Weatherhead	M	30-30			
11	Euan Wilsom	M	30-34			
12	Caeden Thom	JM14*	30-40	96.6	1	15
13	Kevin Heath	M50	30-51	98.2	3	3
14	Greig Cruickshank	M50	31-00	99.6	4	19
15	Martin Mckinnon	M50	31-26	91.2	1	1
16	David Clark	M40	31-34			
17	Richard Ingram	M40*	31-47	94.4	1	1
18	Richard Lang	M50	31-55	98.9	3	3
19	Malcolm Finlayson	M50	32-04	95.7	1	14
20	Rory Brand	M	32-17			
21	Marie Entwistle	F40	33-21	98.01	3	3
22	Lauren Knowles	F	34-14	97.8	2	2
23	Lesley Clark	F40	34-36			
24	Craig Kennedy	M40	34-37	95.9	1	5
25	Tearle Harlan	M40	34-58			
26	Alan Cormack	M50*	35-08	96.7	1	1
27	Qunitin Chalmers	M40	35-38	105.8	9	18
28	Graeme Lornie	M50	35-44	91.9	1	1
29	Ian Cran	M60	35-51	98.1	3	3
30	Jamie Walker	M40*	36-14	92.5	1	9
31	Rob Irvine	M50	36-27	97.3	2	3

32	Martin Kirk	M60	36-31	95.6	1	13
33	Hugh Robertson	M40*	36-45	100	5	26
34	Alasdair MacIvar	M50*	37-12	97.6	2	17
35	Gavin Forsyth	M	37-18	98.7	3	10
36	Colin Munro	M	37-20			
37	Emily MacDonald	F40	37-33	93.7	1	1
38	Hannah Stephen	JF16	38-19	93.1	1	13
39	Graham Stephen	M40	38-20	93.0	1	13
40	Sam Solt	M	39-00			
41	Chris Bird	M50	39-18			
42	Phil Owens	M50	39-26			
43	Ruth Hills	F	39-28			
44	Willie Skene	M60	39-40			
45	Mike Burton	M50	39-49			
46	David Duncan	M60	40-43	84.7		
47	Pamela Dawson	F	40-47	91.8	1	19
48	Frank Campbell	M40	40-54			
49	Lucy Petersen	F	40-56	100.7	5	5
50	Alison Broad	F	41-07	96.4	1	1
51	Murray Bryce	M60*	41-29	95.5	1	21
52	Kirsten Ferguson-Jones	F	41-31	97.3	2	18
53	Katherine Thomson	F	41-39	94.4	1	1
54	Derek Brown	M40	41-47	94.3	1	1
55	Colin Taylor	M50*	42-02	96.4	1	17
56	John Elrick	M60	42-04	95.5	1	1
57	Kerry Anderson	F40*	42-05	100.8	5	5
58	Alice Dewar	F				
59	Lyndsay McEwan	F40*	43-32	94.1	1	21
60	Tina McLeod	F	43-33			
61	Karen Homer	F50	45-51	100.8	5	25
62	Helen Kirk	F50	46-27	97.9	2	24
63	Marie McWilliam	F40	46-32			
64	Lana Hadden	F60*	48-22	96.1	1	16

* denotes SAF Member

Course best by Age Group

Open	Ben Hukins	22-01	Jun-14	Clare Whitehead	26-03	May-14
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0/40s	Dan Whithead	22-46	Jul-14	Veronique Oldham	27-28	Jun-13
0/50s	Alan Smith	25-10	Jun-13	Veronique Oldham	28-07	Jul-16
0/60s	Keith Varney	28-32	Sept-16	Anita Hamilton	37-02	Sept-16
U/18s	Sasha Cheplin	23-42	May-14	Josie Gomersall	28-58	May-17

Improvement Points are awarded on the basis of your time versus your best time for the year expressed as a percentage. The mode is given 5 points with up to 9 points for going faster and at least 1 point for slower percentages.

- **Improvement Points Winners**

1st – **Ally Sutherland 35**

2nd **Hugh Roberston 26**

3rd **Karen Homer 25**