

Result	Time (min.sec)	Name	Club	Cat	Bib #
1	31.11	Hamish Wolfe	Carnethy	MS	15
2	34.00	Joe Wright	Deeside	MS	52
3	34.26	Andy King	none	MS	26
4	34.30	Clyde Williamson	Cosmics	MS	43
5	34.57	Peter Henry	Deeside	MS	53
6	35.14	Stuart Pringle	Deeside	MV	32
7	35.25	Ruari Sheehan	Insch Trail	MS	49
8	35.39	Lewis Fyfe	Lochaber Athletic	MS	56
9	35.45	Mike Stewart	Keith & District	MSV	36
10	35.57	Tom Martin	Metro	MS	2
11	36.23	Dino Roussias	Metro	MV	4
12	36.52	Andrew Simpson	Insch Trail	MS	55
13	36.54	Euan Wilson	Insch Trail	MS	23
14	37.14	Oliver Newman	Huntly Nordic Ski Club	MS	38
15	37.26	Moira Davie	Forres	FS	44
16	37.32	Jason Williamson	Cosmics	MV	63
17	37.42	Liam Barron	Insch Trail	MS	54
18	38.30	Alex Rosie	Metro	MV	5
19	38.52	Veronique Oldham	Cosmics	FSV	16
20	39.09	Charles Howorth	Stonehaven RC	MS	18
21	39.10	Diana MacDonald	HHR	FV	3
22	39.21	Gavin Baxter	none	MV	20
23	39.39	Charlie Denham	Metro	MS	59
24	39.51	Stefan Wagner	Cosmics	MV	46
25	39.58	Ally Sutherland	Cosmics	MV	48
26	40.31	Tobben Tymons	Cosmics	MV	40
27	40.49	Stephen Simpson	JSK RC	MS	65
28	41.11	Patrick Wolfe	none	MSV	13
29	41.45	Ian McKimmie	none	MV	25
30	41.50	Gerald Angus	Keith & District	MSV	35
31	42.57	Andrew Gordon	Cosmics	MSV	60
32	43.17	Greig Cruickshank	JSK RC	MSV	12
33	43.25	Grace Whelan	Moray RR	FS	6
34	45.12	Graeme Anderson	Deeside	MSV	8
35	45.31	Phil Kammer	Cosmics	MHV	33
36	45.41	Ros Baxter	Insch Trail	FV	11
37	45.46	Andy Chapman	Cosmics	MV	45
38	45.47	Ross Webster	Insch Trail	MS	57
39	46.00	Ian Hamilton	Cosmics	MSV	1
40	47.06	Annika Flynn	none	FS	14
41	47.07	Jordan Stewart	Keith & District	MS	37
42	47.12	Jacoline Dey	Insch Trail	FV	34
43	47.45	David Duncan	Ochil Runners	MHV	27
44	48.04	Neil Murray	Metro	MS	28
45	48.39	Graeme Lorne	Jog Scotland	MSV	42
46	48.50	Lauren Anderson	Cosmics	FS	9
47	49.00	Lieneke van Beijma	FS	FS	67
48	49.05	Eleanor Munro	Keith & District	FV	41
49	49.09	David Oliver	Deeside	MHV	10
50	49.12	Laura Forrester	Insch Trail	FS	50
51	49.26	Katie May	Howgill Harriers	FS	22
52	49.58	Hugh Robertson	Insch Trail	MV	17
53	50.05	Panos Pliatsixas	none	MV	58
54	50.31	Ishbel Howorth	Stonehaven RC	FS	19
55	50.39	Kata Markus	none	FS	39
56	51.55	Paul Sykes	none	MS	64
57	52.50	Russ Valentine	Falkland Trail Runners	MSV	24
58	54.25	Cameron Cruickshank	Huntly Nordic Ski Club	MS	47
59	54.26	Kat Rhodes	Insch Trail	FV	61
60	54.44	Sara Lucas	JSK RC	FV	66
61	55.05	Rod Campbell	Cosmics	MHV	29
62	55.21	Ian Campbell	HBT	MSV	30
63	55.27	Denise Wright	Deeside	FSV	51
64	58.18	John Elrick	JS Hazelhead	MHV	31
65	58.55	Jane Oliver	Deeside	FHV	7
66	59.49	Gordon Aiken	none	MV	68
67	61.58	Frank Musgrave	Three Peak Tri	MHV	62
68	DNF	Hamish Battle	Metro	MS	21

SUMMARY BELOW

Female Placings			
#	Time (min.sec)	Name	Club
1	37.26	Moira Davie	Forres
2	38.52	Veronique Oldham	Cosmics
3	39.1	Diana MacDonald	HHR
Male Placings			
#	Time (min.sec)	Name	Club
1	31.11	Hamish Wolfe	Carnethy
2	34.00	Joe Wright	Deeside
3	34.26	Andy King	none

	Time (min.sec)	Name	Club
FS	37.26	Moira Davie	Forres
	43.25	Grace Whelan	Moray RR
	47.06	Annika Flynn	none
F40	39.10	Diana MacDonald	HHR
	45.41	Ros Baxter	Insch Trail
	47.12	Jacoline Dey	Insch Trail
F50	38.52	Veronique Oldham	Cosmics
	55.27	Denise Wright	Deeside
	none	none	none
F60	58.55	Jane Oliver	Deeside
	none	none	none
	none	none	none

	Time (min.sec)	Name	Club
MS	31.11	Hamish Wolfe	Carnethy
	34.00	Joe Wright	Deeside
	34.26	Andy King	none
M40	35.14	Stuart Pringle	Deeside
	36.23	Dino Roussias	Metro
	37.32	Jason Williamson	Cosmics
M50	35.45	Mike Stewart	Keith & District
	41.11	Patrick Wolfe	none
	41.50	Gerald Angus	Keith & District
M60	45.31	Phil Kammer	Cosmics
	47.45	David Duncan	Ochil Runners
	49.09	David Oliver	Deeside