

Cosmic AGM 11/12/2020

Attendees:

Kev Harper, Gillian Clunas, Richard Laing, Louise Provan, Simon Pearce, Katie Pearce, Rod Campbell, Sue Taylor, Mike Stone, Andrew Gordon, Ian Hamilton, Sam Gomersall, Lesley Gomersall, Colin Russell (and his beard), Fiona, McDonald, Dennis McDonald, Anita Hamilton, Ewen Rennie, Colin Russell, Jason Williamson, Bob Elder, Graeme Cumming, Colin Larmour, Chris Hill, Gary Gutteridge, Philip Kammer.

Apologies: Alan Cormack, Corri Black and Clyde Williamson.

**1. Cosmic Champs:**

Cancelled for 2020 due to COVID-19.

**2. Approval of minutes from 2019:**

Ewen Rennie pointed out an error in the 2019 minutes (Krunce results). Amended minutes issued for info.

Proposed by Louise Provan

Seconded by Ewen Rennie

**3. Secretary Report:**

Brief Race overview due to lack of hill racing in 2020 (Covid-19):

Clyde was first MJ at the Carnethy hill race and Veronique was first F50

El Brim – Clyde first cosmic – 2nd overall with Veronique first female (and V50) Fiona F40.

Alan C did the Spine race - 268 miles from Edale to Kirk Yetholm in the depths of winter. Colin Russel had an eventful 'fun run' Spine challenger @ only 108 miles.

Cosmics had 2 teams in for the Devils Burdens relay finishing in 65th and 150th position. Alan C took part a mere week after finishing the spine race

Ally Sutherland, Lyndsay McEwen and Tina McLeod and Charlotte Dodge did the D33 which was probably the last race before lockdown

Cairn William – Dennis First V50

Clyde was 3rd in a university 5k race recently - they managed to have a race under lockdown rules.

Lockdown activities:

Colin Larmour has done a great job of finding new routes for us to run and cycle and how we have all discovered interesting routes closer to home that we would maybe not have looked at in favour of travelling to bigger hills at weekends

Also during the full lockdown in the spring we had a weekly Cosmics coffee morning or lunch meet up on Zoom.

3 Cosmics sessions a week now, all run under Covid regulations. Thanks to those who have helped out by taking the "Register" at each run.

Ewens PW (worship challenge), park challeng, As well as Trig points and marchstones people have been searching out megaliths (stone circles, standing stones etc) too on their weekend runs

Everest challenge – Alan Cormack, Rich Banister and Ally Sutherland (1, 2 and 3).

Alan C - 19 miles for 19 days

Steve Helmore and Rob Coles – Whist taking part in TOUR AOTEAROA, getting caught in lockdown and spending a much longer time in New Zealand than planned.

Mike Raffan (ex Cosmic) - >100 an then >180 miles on separate occasions (running laps round his garden!)

Ally Sutherland - marathon/day for 50 days (double on the last day)

Alan - Accumulator (up to 31 miles?)

Alan - WHW virtual ultra.

Jason organised a Halloween run up Morven in the dark which was great fun.

Big thanks to Metro for their loan of kahoot (donation to C-fine)

And finally we have the virtual winter challenge which will run probably until March.

And lets not forget the xmas cake decorating competition which is in place of the Cosmics annual bake contest

A few special mentions of thanks were made to recognise members who have gone above and beyond in 2020:

Ewen Rennie – Tuesday night coaching sessions during the winter.

Mike Stone – Thursday night sessions.

Kev H to pass on a thanks from the club.

Louise – Weekly emails and motivation for all club members through lockdown. Organising virtual catch up sessions, race series and generally fresh ideas for the club.

Gillian – undertaking COVID coordinator for the club as well as coordinating all the runs in line with changing SAL guidance.

Fiona MacDonald organised printing of mugs for each, and secret delivery to allow special delivery on the evening (or not...).

Sue Taylor – for taking on the website once again for 2020. No one will appreciate the hours Sue has spent to get the site to where it is, or keep it up to date. Huge thanks Sue.

Kev H to pass on a small thanks from the club.

Race organisers – Andy Gordon and Chris Hill in 2020. The club does appreciate the hard work required to take on the organisation, here's hoping we get more of a chance to host in 2021.

#### **4. Treasurers report:**

Andrew Gordon Presented the accounts for 2020.

Overview – Club Balance at 8<sup>th</sup> November 2020 - £4,480. Profit 2020 - £1,530.

Savings in 2020 – Kings (not possible due to Covid-19)

2020 Accounts were accepted and Closed.

Proposed by Colin Lamour

Seconded by Colin Russell

#### **5. Membership Report:**

83 Members in 2020.

Entry central proposed to be used for next year along with the same fees:

Senior - £20

Unwaged/Student/Junior - £5

Lifelong member - £0

Option for 'non-racing' membership (No SAL levy will be maintained – option on entry central).

Proposed by Gillian Clunas

Seconded by Fiona McDonald

#### **6. Web Report:**

Sue gave a run down of the web site, work performed on it this year and support from Global Web. Due mentioned Alex Mitchel had agreed for some of his pictures to be used.

Fiona queried the access made to the club (if any was malicious). No information available to determine this.

### **7. Cosmic Runs:**

Gillian provided an overview of the 2 rep sessions per week (Tuesday and Thursday) as well as the Saturday am runs. All well attended, booking system is working well with everyone adhering to the guidance.

A query was raised on prospective new members attending a session without joining as a taster. These requests are being handled by the membership secretary. All individuals joining a comic session must do so in accordance with SAL and Cosmic requirements for Covid-19.

### **8. Revised Constitution:**

The constitution has been revised. It has been issued for review with no comments. Date will be amended to align with AGM and it will be issued on the web site.

Proposed by Ewen Rennie  
Seconded by Gillian Clunas

### **9. Election of officers:**

Secretary: Kev Harper  
Treasurer: Colin Lamour  
Membership: Corrie Black  
Social: Louise Provan

A Huge thanks to Andrew Gordon for performing the role of club treasurer for the past few years.

Proposed by Sue Taylor  
Seconded by Bob Elder

### **10. Election of Committee members:**

Sue Taylor (Web site)  
Alan Cormack (Club Kit)  
Gillian Clunas (Run programme)  
Fiona McDonald (Welfare officer – new role within club)  
Katie Pearce  
Richard Lang

A thanks to John Colgrave for his work on the committee – and all the best ‘up north, down south’...

Proposed by Colin Russell  
Seconded by Gillian Clunas

### **11. Cosmic Hillbasher races for 2020:**

Due to Covid-19, it was decided to not discuss the unknowns. Race organisers will review SAL guidance along with their own opinion (supported by the committee) to determine if races can take place. These will be advertised on the website and mailing lists when possible.

Proposed by Sue Taylor  
Seconded by Colin Russell

### **12. Summer Series**

Due to the unknown races available in 2021 (Due to Covid-19), it was decided to not consider potential options, but once restrictions have been lifted the Committee will issue a series dependant on races available.

Proposed by Sue Taylor  
Seconded by Colin Russell

### **13. Cosmic Club Championship: (see note in AOB)**

Due to the unknown races available in 2021 (Due to Covid-19), it was decided to not consider potential options, but once restrictions have been lifted the Committee will issue a series dependant on races available.

Ewen raised the point that the proposed 2019 structure may allow the championship to be decided without having to race head to head for the contenders. This point was noted and will be considered when the championship races are picked. It was noted that the change in 2019 was to try to get more runners to take part in the cosmic championship as the numbers have been reducing.

Proposed by Sue Taylor  
Seconded by Colin Russell

#### **14. AOB**

##### **Voucher for every member towards club kit**

Kev Harper raised a point from the last Committee meeting where there was a proposal that instead of a vest for new members, a voucher is offered to all 2021 paying members that can be used for Cosmic branded kit. This was accepted. Value was decided as £10.

Proposed by Katie Pearce  
Seconded by Gillian Clunas

##### **Club Kit.**

Alan Cormack has requested that due to Covid-19, club kit may require to be posted until restrictions are lifted. This was acknowledged as being the correct option to align with current guidance.

Female specific club kit was requested, as well as a point raised that the print quality on some tops had been poor. Gary Guttridge detailed that the Stonehaven running club kit is of good quality and value. Gary agreed to get details through to Alan and Kevin.

Gillian advised that she intends to organise a 'special run' once a month – something a little different in terms of venue etc as rules allow.

##### **Donations:**

Louise requested that donations from the club be considered in 2020. It was agreed that £250 to Aberdeen and Braemar mountain rescue teams be made as well as £100 to SHR.

Proposed by Gary Guttridge  
Seconded by Rod Campbell

AGM closed at 21:08.