

Cosmic Hillbashers

COSMIC HILLBASHERS 26th AGM
Brig O' Don, Ellon Rd, Aberdeen, 11th December 2018

Attendees:

Apologies were received from Simon Pearce, Bob Elder, Lois Noble, Peter Larkin, Caroline Watt and Andrew Gordon (treasurer)

MINUTES

Colin set out the meeting by saying the following:

- I wanted to start with some high level acknowledgements as follows::
- Thanks to Ewen for his coaching on Tuesday, which is a huge commitment on his part, and organization of Krunces
- All race organisers – Matt, Chris, Gary, Alan & Graeme for taking on Clachnaben.

1. Ewen Rennie presented the prizes for the Cosmic Championship. Congratulations to all prize winners

2. Approval of minutes of last AGM (5th December 2017):

Proposed by Ewan Rennie

Seconded by Kevin Harper.

No objections.

3. Secretary's report:

Club Affiliation

At the start of the year there was much debate about the club affiliation. After a very thorough process (thanks to Louise Provan in particular), a vote was held and the following email was sent out documenting the results:

The email went out to a 75 people, including those who had joined in 2017 or 2018. I have received 52 replies, with the breakdown of responses as follows:

- 44 votes to remain SAL affiliated
- 4 votes to leave SAL
- 4 people abstaining

The above numbers haven't been independently checked (either to check I haven't made them up or that I've not made a mistake), so if anyone would like to audit them I'm happy to forward on all the emails :-). I am however pleased with the 'turnout' and the clarity of the response.

The above also includes a small number who have not yet joined in 2018, but have indicated they intend to do so, almost in all cases people who have been members for a while and so I'm opting to trust them in counting their vote. There are also a few who will only rejoin if we remain SAL affiliated.

A common theme in responses was that people did not have a strong opinion but felt on balance that staying with SAL was the right option.

On the basis of the above vote no committee meeting was considered necessary and the club re-affiliated with SAL. This will hopefully put this discussion to bed for a while.

A couple of other points for thought:

- The requirements for a PVG checked welfare officer still exist with SAL - something we've not fulfilled the last couple of years. It does remain a requirement though.

- The way the Carnethy club is set-up has been discussed before and put forward as an option for the club with the two separate divisions. This would need additional impetus to both understand and canvas the club, not something I propose to do just now.

Cosmics Champs

40 runners ran one or more race. It was noted that Cosmic participants were down from 45, 50 and 65 the preceding years. Overall results are as shown below.

Open	1	Jason Williamson
	2	Veronique Oldham
	3	Clive Matthews
Female	1	Veronique Oldham
	2	Fiona McDonald
	3	Corri Black
F40	1	Veronique Oldham
	2	Fiona McDonald
	3	Corri Black
F50	1	Veronique Oldham
	2	Edie Russell
	3	Sue Taylor
M40 - Chris Tomlin Memorial Trophy	1	Jason Williamson
	2	Richard Ingram
	3	Dennis McDonald
M50	1	Dennis McDonald
	2	John Colegrave
	3	Philip Kammer
M60	1	John Colegrave
	2	Philip Kammer
	3	Murray Bryce

Summer Series

Cosmic Races

El-Brimick – 78 runners (109 in 2017, 76 in 2016, 78 in 2015).

Clachnaben – 83 runners, (96, 220, 86).

Cairn William – 38 runners (37, 34, 47).

Summer Series

Total number of runners over 5 races was 285, the first time with 5 races. Over the same four races as last year it was 226, (259, 227 and 227 in preceding years). Overall results below, based on best of race three races.

Jason ran all 5 and 29 people ran 3 or more to count in the series.

Pressendye – 48 (56, 48 and 48)

Scolty – 59 (first time as a mid-week race)

Hill of Fare - 51, (71, 44 and 60)

Mither Tap – 69 – likely new record, (53, 60 and 60)

Cheyne Hill – 58 (79, 75 and 59)

Position	Runner	Club Name	Category	Overall Results	
1	Clyde Williamson	Cosmics	M16	Clyde Williamson	1st Male
2	Hamish Battle	Metro Aberdeen	M	Hamish Battle	2nd Male
3	Stefan Wagner	Cosmics	M40	Stefan Wagner	3rd Male
4	Jason Williamson	Cosmics	M40	Jason Williamson	1st M40
5	Donald Kerridge	Deeside Runners	M50	Donald Kerridge	1st M50
6	Fiona McDonald	Cosmics	F40	Fiona McDonald	1st Female
7	Martin Mackinnon	Unattached	M40	Martin Mackinnon	2nd M40
8	Bob Sheridan	Deeside Runners	M50	Bob Sheridan	
9	Jonny McKane	Rebel PT	M	Jonny McKane	3rd Male
10	Miles Newman	Deeside Runners	M50	Miles Newman	3rd M50
11	Scott Adams	Rebel PT	M	Scott Adams	3rd M40
12	Richard Ingram	Cosmics	M40	Richard Ingram	
13	Katie Henderson	Deeside Runners	F40	Katie Henderson	2nd Female
14	Greig Cruickshank	Jog Scotland Kintore	M50	Greig Cruickshank	
15	Stephen Simpson	Jog Scotland Kintore	M	Stephen Simpson	
16	Graham Aitken	Insch Trail Running Club	M	Graham Aitken	
17	Trevor Ricketts	Deeside Runners	M50	Trevor Ricketts	
18	Philip Kammer	Unattached	M60	Philip Kammer	1st M60
19	Alec Erskine	Unattached	M50	Alec Erskine	
20	Scott Robb	Unattached	M	Scott Robb	
21	David Duncan	Ochil Hill Runners	M60	David Duncan	2nd M60
22	Graeme Lornie	Jog Scotland	M50	Graeme Lornie	
23	Rachel Paterson	Jog Scotland Kintore	F40	Rachel Paterson	3rd Female
24	Joe Aitken	Insch Trail Runners	M	Joe Aitken	
25	Clare Martin	Deeside	F50	Clare Martin	1st F50
26	Keith Duncan	Rebel PT	M40	Keith Duncan	
27	Sue Taylor	Cosmics	F60	Sue Taylor	1st F60
28	Jane Oliver	Deeside	F50	Jane Oliver	2nd F50
29	John Elrick	Jogscotland Hazlehead	M60	John Elrick	

Krunce

28th Series at the third venue/fourth course. The winner was Karen Homer from Turriff, who got 40 points from 6 races.

201 unique runners were recorded over the races.

SHR Results

Veronique Oldham – 3rd overall, 1st F40 and 1st F50. Amazing result!

Success in Hill races

Veronique ran a total of 14 hill races this year, being first female in at least 4 – Tap O' Noth, Cairn William, El-Brim-Ick and Mither Tap. She again won the trophy for 1st F50 at Carnethy and no doubt many others this year.

Clyde Williamson won the Hill of Fare and Pressendye races and will no doubt be winning more next year when he's eligible to run in them all! Clyde also won the inaugural Buck race, part of the Ben Abrahams triple.

The club was represented at the Devil's Burden with one team, who finished 105th – Clive Matthews (leg 1); Elaine Stewart & Gillian Clunas (leg 2); Lesley Clark & Anita Hamilton (leg 3); John Colegrave (leg 4).

Mountain Marathons

A number of Cosmics attended the final ever LAMM on the beautiful Isle of Harris, including Colin Russell & Kevin Harper, Caroline Watt and Lynn Smith, Ian Hamilton and Colin Larmour, Elaine Stewart with Richard Wade.

At the GL3-Day were Gillian Clunas, Elaine Stewart and Linda Smith.

Another fantastic GMC was held in Braemar in November, with Gillian Clunas, Bob Elder and Richard Lang running from the club.

Other races

Alan Cormack had his usual busy year, with amongst these races:

- He started the spine (a race he has previously completed), and although he didn't manage it this year, he came back for the summer version and finished that in 15th place in 144 hours.
- He also didn't quite finish the Monarch's Way – a mere 615 mile race. After doing 400 miles last year, he was a little less this year in 147 miles of running.
- He did manage to complete the T184 in 70 hours, finishing second, and the Highland fling and also the Escape from Meriden race (again), where he was chained to someone for the 24 hour duration.

Jonathan Bellarby came very close to finishing the winter spine, and would likely have had it not been for a painful ankle in the last 10 miles. Colin, Russell and Graeme Cumming also completed the 53 mile Highland Fling.

Linda completed the UTMB Oman race in 38 hours – finishing 2nd in her category.

Colin Russell ran the 4-day Monte Rosa ultra, finishing 10th overall.

Key Races to consider in 2019

SHR Champs –

- Screele – Short – 13th April
- Arrochar Alps – Long – 29th June
- An Teallach – Medium – 13th July
- Creag Dhubh – Short – 3rd August
- 2 Breweries – Long – 28th September
- Meall a'Bhuachille – Medium – 26th October

Devil's Burden – 26th January

Scottish Mountain Marathon (replacing the LAMM) – 8th & 9th June.

New race to be organized by Andrew Gordon – a 31 mile ultra round Bennachie, planned for the 2nd Sat in October.

5. Treasurer's report: Draft report issued at AGM.

6. Social Secretary's Report: (Caroline not present)

7. Membership report: It was agreed that Entry Central would be used for the membership, with costs as follows:

- Senior - £20
- Unwaged/Student/Junior - £5
- Lifelong member - £0

8. Election of officers:

Secretary: **Kev Harper**
Treasurer: **Andrew Gordon.**
Membership: **Gary Gutteridge.**
Social: **Louise Provan**

9. Election of Committee members:

Sue Taylor (Web site)
Alan Cormack (Club Kit)
Gillian Clunas (Run programme)
John Colegrave (Club kit manager).

10. Membership fees for 2019:

Membership fees to remain at £20 each and free for juniors/students. It was recognized that this is very cheap when compared to membership fees charged by other sports clubs but that some running clubs eg Deeside were cheaper.

11. Cosmic Hillbasher races for 2019:

El Brimick (Andrew Gordon) - 5th January
Clachnaben - 6th April (Graeme Cumming/Alan Cormack)
Cairn William (Chris Hill) – 21st September
Krunce (Ewen Rennie) 2nd April, 6th May, 4th June, 2rd July, 6th August, 3rd September.

Summer Series

Pressendye (Dave Hirst - Deeside) - Thursday 16th May – **TBC**
Scolty - **TBC**
Hill of Fare (Colin Russell) - Thursday 20th June
Mither Tap (Matt Brettle) - Thursday 18th July
Cheyne Hill (Gary Gutteridge) - Thursday 15th August

12. Cosmic Club Championship:

Cosmic Hillbasher 2019 Club Champs Races. 5 from the following 7 to count:

- El-Brim-Ick
- Scolty
- Mither Tap
- Ben Rinnes
- Tap O'Noth
- Cairn William
- Meall a'Bhuachille

13. AOB

First aid course

It was proposed that the club would provide some financial assistance for any members wishing to do a mountain first aid course. Kev Harper suggested the course offered by Glenmore lodge outdoor centre and would get more details of this

Website/email/facebook

A new club email account will be set up. Circulation list will be club members only. The facebook group is a closed group for club members. The website will be developed further and is to be more user friendly and easier to navigate. The point was made that the information about group runs etc on facebook should mirror that which is published on the website as there have been instances where people have gone to the wrong car parks to meet for runs.

New members

One new member has made the point that it is very difficult to actually join the club. New members are to be added to the email circulation list as soon as they become members. An incentive scheme where a new member receives a free Cosmics vest was agreed.

Kit

New club kit is to be ordered. Further discussion is required about designs/logos

Race kit

The date on the first aid equipment is to be checked and any old out of date first aid kit is to be replaced. JC is kit manager

Donations

Donations to SHR and mountain rescue are to remain the same as last year

AGM Location

It was agreed to investigate alternative AGM location.

Winter Training Location - Kings

Quality of changing rooms (especially female showers) were reported as being of very low quality. Alternative locations to be considered for next year.

Meeting was closed at 9.20 pm