

COSMIC HILLBASHERS - CONSTITUTION

1. NAME - This shall be the Cosmic Hillbashers Athletic Club.

2. OBJECT - To promote the sport of hill running.

3. MANAGEMENT The management of the Club between AGMs shall be vested in a Committee comprising:-

i. Treasurer, Social Secretary, Membership Secretary, Run Coordinator, Website Coordinator and Kit Coordinator and minimum of three others (elected at the Annual General Meeting).

ii. The Committee may co-opt other non-voting members as required.

iii. The entire Committee will retire each year but each person may be re-elected (see iv).

iv. No Committee member shall occupy the same post for more than five years.

4. MEMBERSHIP

i. Applications for membership shall be made via the online membership system in place. The committee has the right to review and approve (or not) membership requests.

ii. Each member shall pay a fee decided at the Annual General Meeting. iii. Subscriptions must be paid for the current season before a member can compete for the Club except where the Committee chooses to waive this rule.

iv. Subscriptions cover the period 1st January to 31st December except in the case of members joining after 1st October when it will cover the period to the end of the following year.

v. To resign a member must first pay all fees due and inform the Club Secretary in writing.

vi. Any member guilty of misconduct (ie. conduct contrary to this Constitution or the recommendations of SAL) may be cautioned or expelled from the Club by a majority vote of those present at a Committee meeting. Any person expelled (or cautioned) shall have the right to appeal to an extraordinary meeting of the whole membership called at his/her request no later than two weeks from the date of appeal in writing to the Club Secretary.

5. ANNUAL GENERAL MEETING

i. The Annual General Meeting will be held during November/December.

ii. The audited accounts for the period to 31 st October will be presented. iii. The Committee shall be elected.

iv. Any other business will be conducted.

v. Motions to be discussed must be submitted in writing to the Club Secretary at least two weeks before the Meeting.

vi. Only members over fourteen years of age who have paid their subscriptions for the current year will be eligible to vote at the AGM (or an EGM).

vii. Amendments to the Constitution can be adopted by a majority vote of members at an Annual General Meeting.

6. CLUB COLOURS Club colours shall be:- i. Black vest with Yellow Cosmic logo on the back OR ii. Yellow vest with Black Cosmic logo on the back.

7. DISSOLUTION

i. A decision to dissolve the Club must be taken by calling an Extra-Ordinary General Meeting giving four weeks notice to all members.

ii. Voting rights at an Extra-Ordinary Meeting shall be as at an Annual General Meeting.

8. This amended Constitution was adopted at the Annual General Meeting held on 11.12.20.