



# COSMIC HILLBASHERS

## BULLETIN NEWS-SHEET

ISSUE NO: 2  
QUARTER 1 - 1995

Welcome to the second referenced News-sheet! Attached are the minutes of the AGM which was held on the 1 December 1994 at the Blue Lamp. If you haven't rejoined Cosmic's yet, please rush your cheque for £10 and the enclosed membership form to Brian Lawrie/Phil Kammer. Note the new increased rate of £10 includes a contribution to that excellent edition - The Cosmic Comic. Watch out for Issue 3 - coming soon!

### TRAINING

**\*Tuesday 20 December 1994**

Meet at King's College changing rooms at 1815 hrs for the last Tuesday session of 1994.

Ewen and Terry have been organising wide and varied sessions which are proving most popular. In the future all those not attending will have their names listed in the 'Did you know' column of the Cosmic Comic.

**\*Tuesday 10 January 1995**

Meet at King's College changing rooms at 1815 hrs. Training sessions resume after the festive holidays. Come and tune off the year end excesses. Drs Rennie and Kerr holding surgery. Don't forget a short swim is to be had before adjournment to the nearest pub! So bring your trunks and your wallets!

\*Anyone suffering from Tuesday night withdrawal symptoms during the holiday, ring Steve or Brian.

Official sponsors of the King's sessions are Oilfield Production Support (North Sea) Ltd.

## COSMIC CLUB RUNS

Saturday morning runs in the hills are set to continue for as long as the mild winter weather allows. Remember that these runs are organised on an every other week basis, but in anticipation of worsening weather all would be participants are advised to either report to the appointed rendezvous **on time** or otherwise check with Big Cheese Lawrie before zooming off to the venue. In 'dodgy' weather it may be decided at the **meet point** to change the venue and perhaps to stay nearer Aberdeen.

Here is the schedule of club runs for the next quarter.

- \*Saturday 4 January 1995** Meet at Duthie Park at 0915 hrs, thereafter to Kerloch (10 miles on good trails, forest and hill).
- \*Saturday 28 January 1995** Meet at Beacon Leisure Centre, Bucksburn at 0930 hrs, thereafter to Elrick/Brimmond Hill (everyone knows this one).
- \*Saturday 11 February 1995** Meet at Beacon Leisure Centre, Bucksburn at 0930 hrs, thereafter to Bennachie (Rowan Tree Car Park start).

The Carnethy Five Race and the Castle Series Cross Country Race at Aden Park over back to back weekends mean that the Cosmic Club run will be dropped Saturday 25 February 1995 (see Cosmic Events → following).

- \*Saturday 11 March 1995** Meet at Seaton Park at 0930 hrs, thereafter to Forvie Nature Reserve at Newburgh. The run (8 miles on the reserve/beach/dunes) will be followed by lunch at the Udney Arms in Newburgh. Once again subsidised by Tommy Gunn and Steve Pryor.
- \*Saturday 25 March 1995** Meet at Duthie Park at 0915 hrs, thereafter to Clachnaben/Mount Shade for 'the inside track' on Brian's Cosmic addition to the Scottish Hill running calendar (puff - wheeze!!!).

## COSMIC EVENTS

The club championship events for 1995 must be selected soon. Three of the seven runs have already been decided and these are El-Brimick (5 February 1995), Clachnaben (23 April 1995) and Ben Lomond. Does anybody wish to nominate an event? If so let Steve know soonest!

1995 Hill Race calendar will not be available until February, but the important early races are now to the club intelligence! Accordingly, a note of these is given along with information about some of the local cross country races. Full details of the winter cross country season are found in the winter fixture list which Eddie Arrowsmith has furnished Brian Lawrie with. Call Brian if you want him to **give you one!**

Cosmic 1995 away jollies have yet to be decided. Lots of bods will already be thinking about Carnethy and 'old suede head' himself is keen to revisit 'Nancy' in Callender about the time of the Ben Lomond race. The Lake District has also been mentioned as a possible - anyone else for pie and peas?

A sounding will be taken at the Christmas Disco to establish where members wish to go - although anyone at odds with Brian is likely to be sent to Coventry!

**\*Saturday 24 December 1994**

Beach race in Aberdeen. A bit of a steeplechase this one apparently - see Ewen Rennie for details. Starts at 1000 hrs at the Beach Boulevard.

**\*Monday 2 January 1995**

The Howes of Bucksburn, 2 miles on the road, one mile down/one mile up. Blow away the New Year cobwebs - see Steve for details. Starts at (to be advised) back of Bucksburn.

**\*Sunday 22 January 1995**

Cross country castle series - Crathes. Starts at (to be advised) - Crathes Castle.

**Sunday 5 February 1995**

Elbrimick dash (1st Club Championship). Ewen Rennie organises this so you know its a right b\*\*\*\*\*d! Starts at 1400 hrs. South Kirkhill.

**\*Saturday 18 February 1995**

Carnethy 5 hill race. Make sure you get an entry form for this classic. Starts at 1400 hrs. Venue Penicuik (near Edinburgh).

**\*Saturday 26 February 1995**

Cross country castle series, Aden Park. Starts at (to be advised). Venue Aden Country Park.

**\*Sunday 5 March 1995**

Cross country castle series, Haddo House. Starts at (to be advised). Venue Haddo House Country Estate.

**14 - 17 April 1995**

Proposed away trip. Is anyone interested in going to the Isle of Man for the 'Manx Mountain Marathon'? Thirty miles and 8,000' of climb on Saturday 15 April followed by disco and beer drinking competition Sunday 16 April. Speak to Steve or Brian.

## COSMIC SOCIAL EVENTS

**\*Friday 20 January 1995**

Cosmic Disco. The club championship will be announced and club standards awarded. There will also be an alternative presentation ceremony. Shona is coordinating the 'grub' again and you are requested to return the attached form to her soonest, identifying your preferred bring along.

Tickets are on sale from Shona/Brian at £5 each.

**\*Saturday 11 March 1995**

See club runs; lunch at the Udney Arms, Newburgh sponsored by Gunn/Pryor.

**\*PUB NIGHT EVERY TUESDAY AFTER TRAINING.**

Steve Pryor  
Meets and Entertainment Secretary

(Schedules devised by suede head)