The 11th El-Brim-Ick Dash 3miles, 800 feet Sunday 16th January – FRA Permit

With thanks to Forest Enterprise and the Agricultural College for access and to John Buchan, Mike Stone, Tim Griffin and Steve Rivers for help on the day. Cold but nice conditions.

Pos.	Name	Club	Cat.	Time
1	Dan Whitehead*	Cosmics	m	19m46s
2	Mark Laithwaite*	Wigan AC	m	19m58s
3	Dave Weir*	Fife AC	m	20m34s
4	Hayden Lorimer	HBT	m	20m56s
5	Andy White	Cosmics	m	21m08s
6	Paul Raistrick	U/a Aviemore	m	21m50s
7	Stephen Terwey	Kings Tr.	m	22m45s
8	Bob Sheridan	Cosmics	m	23m01s
9	Dick Hobson	Cosmics	m	23m26s
10	Steve Rivers	Cosmics	m	23m34s
11	Clare Miller*	Cosmics	f	24m08s
12	Ian Mackay*	HBT	M 0/40	24m18s
13	Graham Milne*	Cosmics	M 0/40	24m51s
14	Ian Jolliffe*	Cosmics	M 0/50	25m53s
15	Gordon Ramsey*	Cosmics	M 0/40	26m11s
16	Graeme Marks	Cosmics	M 0/40	26m50s
17	Lois Noble*	Cosmics	f	27m37s
18	Stuart Hunter	Cosmics	m	28m02s
19	Alan Fulton	Aberdeen AC	M 0/50	28m21s
20	Ron Pratt	Cosmics	M 0/50	28m36s
21	Murray Bryce	Cosmics	M 0/40	29m20s
22	Noreen Jennison*	Westies	F 0/40	29m52s
23	Elaine Stewart	Cosmics	F 0/40	30m51s
24	Barbara Loester	Kings Tr.	f	30m54s
25	Neil Douglas	Aberdeen AC	m	31m01s
26	Sue Buchan	Cosmics	f	31m10s
27	AnnThomson	Cosmics	F 0/40	32m17s
28	Pippa Weir	Fife AC	f	32m51s
29	Steve Pryor	Cosmics	M 0/40	34m54s

^{*} Prize winner

So Dan breaks Rob's record from 1992 and Clare goes close to Sonia's (23-21).

The **Junior Race** was won by **Clare Thomson** in 19m24s. (Pity she didn't have some more competition!).

Expenditure – FRA Permit £10; Prizes £66; Photocopying etc £2 = £78 Income £73 (I'm losing my touch – another loss).

Remember FOREST FIVE - Saturday 29.1.00 at noon.

Check the Cosmic Website for training, results etc. cosmics.force9.co.uk