

Problems during run call:

- Matt Brettle 07772843516
- Sean O'Sullivan 07908730851
- Colin Larmour 07974983413
- Rob Brookes 07950398305
- Mike Stone 07889130535
- Anita Hamilton 07789860481
- Dennis McDonald 07803924258
- Elaine Stewart 07773809334
- Sarah O'Sullivan 07908730850
- Gary Gutteridge 07900321457

In emergency dial 999 or 112

RECOMMENDED KIT: map, compass, whistle, mobile phone, full body cover, emergency food

